## SENIOR NUTRITION MENU

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SUN	MON	TUES	WED	THURS	FRI	SAT
	01	02	03	04	05	06
	Swedish Meatballs & Egg Noodles Maui Blend Coleslaw Pineapple Wheat Roll White Milk	Fish Almandine Scandinavian Blend Feather River Potatoes Fresh Plum Wheat Bread White Milk	Turkey w/ Gravy Mashed Potatoes Peas Mixed Fruit Wheat Bread White Milk	Sweet & Sour Pork Rice Asian Blend Vegetables Cinnamon Pears Wheat Bread White Milk	Chicken Breast Red Skin Potatoes Green Beans Peaches Wheat Bread White Milk	
07	08	09	10	11	12	13
Menus are subject to change.	Tuna Noodle Casserole Carribean Blend Corn Apricots Wheat Bread White Milk	Scrambled Eggs & Chicken Sausage 100% Vegetable Juice Hashbrown Casserole Blueberry Cobbler Wheat Bread White Milk	Bourbon Pork Chop Green Beans Sweet Potatoes Applesauce Wheat Bread White Milk	Oven Fried Chicken Red Skin Potatoes Riviera Blend Peaches Wheat Roll White Milk	Beef Sirloin Mashed Potatoes Carrots Pineapple Wheat Roll White Milk	
14	15	16	17	18	19	20
	Tahitian Chicken Rice Key West Vegetables Sugar Snapped Peas Applesauce Wheat Bread White Milk	Macaroni & Cheese California Blend Stewed Tomatoes Peaches Wheat Bread White Milk	Potato Encrusted Pollock Oven Roasted Red Skins Carrots Fresh Plum Wheat Bread White Milk	Swiss Steak Corn Mashed Potatoes Banana Wheat Roll White Milk	Cheese Manicotti Italian Flat Beans Mixed Vegetables Mixed Fruit Wheat Roll White Milk	
21	22	23	24	25	26	27
	Fish Sandwich w/ Cheese on Wheat Bun Peas Sweet Potato Puffs Pineapple White Milk	Creamed Chicken & Noodles Green Beans Mashed Potatoes Mixed Fruit Wheat Bread White Milk	BBQ Pork Sandwich Feather River Potatoes Broccoli Fresh Apple Slices White Milk	Sweet & Sour Meatballs Rice Caribbean Blend Pears Wheat Bread White Milk	Pizza Casserole Carrots w/ Parsley Tossed Salad Cinnamon Peaches Wheat Roll White Milk	
28	29	30				
	Turkey Potpie Casserole Italian Flat Beans Corn Mixed Fruit Wheat Bread White Milk	Crab Cakes w/ Cream Sauce Broccoli Red Skin Potatoes Fresh Pear Wheat Bread White Milk				