

SUN	MON	TUES	WED	THURS	FRI	SAT
				01	02	03
				Pot Roast Green Beans Mashed Potatoes Strawberries & Blueberries Wheat Bread 2% White Milk	Cabbage Roll Casserole Cauliflower Corn Apple Slices Wheat Bread 2% White Milk	
04	05	06	07	08	09	10
Menus are subject to change.	Sirloin Steak w/ Gravy Zucchini & Squash Scalloped Potatoes Pineapple Wheat Bread 2% White Milk	Crab Cakes w/ Cream Sauce Broccoli Red Skin Potatoes Apricots Wheat Bread 2% White Milk	Roasted Pork Tenderloin Sweet Potatoes Asparagus Applesauce Wheat Bread 2% White Milk	Chicken Caesar Salad w/ Lettuce Grapes Pita Bread Hummus 2% White Milk	Baked Spaghetti Prince Charles Blend Carrots Cinnamon Pear Wheat Bread 2% White Milk	
11	12	13	14	15	16	17
	BBQ Pork Sandwich Potato Puffs Nantucket Blend Vegetables Fresh Apple Slices 2% White Milk	Taco Salad Diced Tomatoes Black Beans Fresh Blueberries Tortilla Chips Salsa 2% White Milk	Salmon Red Skin Potatoes Northwest Vegetables Fresh Plum Wheat Bread 2% White Milk	Sloppy Joe Potato Salad Peas Hot Cherry Crisp 2% White Milk	Mediterranean Smothered Chicken Mashed Potatoes Carrots Peaches Wheat Bread 2% White Milk	
18	19	20	21	22	23	24
	Egg & Turkey Sausage Sandwich Diced Red Skin Potatoes Broccoli Orange 2% White Milk	Turkey Chop Suey Rice Stir Fry Vegetables Fresh Plum Wheat Roll 2% White Milk	Lemon Pepper Tilapia Venetian Blend Baby Baker Potatoes Apple Slices Wheat Bread 2% White Milk	Greek Chicken Pasta Salad Hummus Broccoli Slaw Tomato Salad w/ Feta Fresh Mixed Melon Naan Bread 2% White Milk	Vegetable Lasagna Italian Flat Beans California Blend Peaches Wheat Roll 2% White Milk	
25	26	27	28	29	30	31
	Salisbury Steak Green Beans Feather River Potatoes Mixed Fruit Wheat Bread 2% White Milk	Oven Fried Chicken Breast Tossed Salad w/ Dressing Carrots Hot Cinnamon Apples Wheat Bread 2% White Milk	Roast Beef & Cheese Sandwich Crunchy Pea Salad Cowboy Cavair Mandarin Oranges 2% White Milk	Turkey & Rice Casserole Corn Beets Fresh Plum Wheat Bread 2% White Milk	Cheese Ravioli Capri Blend Vegetables Coleslaw Hot Blueberry Cobbler Wheat Roll 2% White Milk	