

SUN	MON	TUES	WED	THURS	FRI	SAT
01	02	03	04	05	06	07
For Daily Events, see page 17.	Center Closed for the Holiday		11:30 a.m. Mindfulness Meditation Information Meeting 1:00 p.m. Parkinson's Support Group			
08	09	10	11	12	13	14
	11:30 a.m. Mindfulness Meditation Week #1	10:00 a.m. Tech Training & Support 1:00 p.m. Elder Abuse Support Group 1:00 p.m. Book Club at Maria's	10:00 a.m. Therapy Dogs 10:30 a.m. Doll Club			8:00 a.m. Walk for Meals
15	16	17	18	19	20	21
	10:00 a.m. Senior Energy Efficient Program 11:00 a.m. Grief Support 11:30 a.m. Mindfulness Meditation Week #2	11:00 a.m. Joanne's Day Attorney Daniel Lovell	9:30 a.m. Advisory Meeting 2:00 p.m. Senior Safety 101	5:30 p.m. A Tribute to the Ricardos Dinner/Theatre	10:00 a.m. Veteran's Club	
22	23	24	25	26	27	28
	11:30 a.m. Mindfulness Mediation Week #3	1:00 p.m. Medicines of the Earth with Carolsue McCue 1:00 p.m. Alzheimer's Support Group	2:00 p.m. Pumpkin Wine Glass Candle Craft - register by 9/20	9:30 a.m. Pictionary Team Competition		
29	30					
	11:00 a.m. Lakeshore Legal Aid 11:30 a.m. Mindfulness Mediation Week #4					