

SUN	MON	TUES	WED	THURS	FRI	SAT
		01	02	03	04	05
		1:00 p.m. Book Club at Dorsey House	1:00 p.m. Parkinson's Support Group			
06	07	08	09	10	11	12
	9:30 a.m. Cornhole Bag Toss Starts 11:30 a.m. Mindfulness Meditation Week #5	7:00 p.m. Ballroom Dance Classes Week #1 -	10:00 a.m. Therapy Dogs 10:30 a.m. Doll Club	9:00 a.m. Learn about 2025 Medicare Plans presented by State Farm Agent Megan Simons	Membership Appreciation Game Day 9:00 a.m. Puzzle Team Challenge 10:00 a.m. Word Search Competition 11:00 a.m. Jeopardy 12:00 noon Penny Bingo 2:00 p.m. Chair Volleyball	
13	14	15	16	17	18	19
12:00 noon Suicide Prevention Walk - www. walk2remember. myevent.com	Center Closed for Holiday	11:00 a.m. Joanne's Day with Attorney Daniel Lovell 7:00 p.m. Ballroom Dance Classes Week #2	8:45 a.m. Advisory Meeting	9:00 a.m. Introduction to Facebook	10:00 a.m. Veteran's Club	
20	21	22	23	24	25	26
	11:00 a.m. Grief Support 11:00 a.m. Walk 11:30 a.m. Eat Healthy to Be Active & Walk with Ease Week #1 12:00 noon Personal Reinvention in Grief	10:00 a.m. Myths of Hospice 1:00 p.m. Alzheimer's Support Group 7:00 p.m. Ballroom Dance Classes Week #3	2:00 p.m. Conflict, Anger & Stress Resolution with Carolsue McCue - must reserve by 10/18		9:00 a.m. - 12:00 noon Senior Power Day Health & Resource Fair	
27	28	29	30	31		
	10:00 a.m. Lakeshore Legal Aid 11:00 a.m. Walk 11:30 a.m. Eat Healthy to Be Active & Walk with Ease Week #2	5:30 - 8:00 p.m. Marvelous Masquerade Dinner/ Dance	1:00 p.m. Dementia Live presented by AgeWays			