

SUN	MON	TUES	WED	THURS	FRI	SAT
					01	02
					Shepherd's Pie Green Beans Beets Applesauce Wheat Roll White Milk	
03	04	05	06	07	08	09
Menus are subject to change.	Meatloaf Feather River Potatoes Nantucket Vegetables Mixed Fruit Wheat Roll White Milk	Salmon Broiled Red Skin Potatoes Northwest Vegetable Blend Apple Crisp Wheat Bread White Milk	Apple Cinnamon Pork Loin Sweet Potatoes Asparagus Peaches Wheat Bread White Milk	Beef Sirloin Broccoli Whipped Potatoes Fresh Plum Wheat Bread White Milk	Sweet & Sour Chicken Rice Asian Blend Vegetables Cherry Cobbler Biscuit White Milk	
10	11	12	13	14	15	16
	Lemon Pepper Tilipia Rice Pilaf Normandy Vegetables Tomato Juice Pineapple Wheat Bread White Milk	Chili w/ Meat & Beans Baked Potato w/ Sour Cream Hot Peach Cobbler Corn Muffin White Milk	Mediterranean Smothered Chicken Red Bliss Potatoes Broccoli Chocolate Pudding Wheat Bread White Milk	Sloppy Joes on Wheat Bun Peas Potato Wedges Banana White Milk	Roasted Vegetable Lasagna Italian Flat Beans 100% Vegetable Juice Hot Blueberry Crisp Wheat Roll White Milk	
17	18	19	20	21	22	23
	Egg & Chicken Sausage Breakfast Sandwich Red Skin Potatoes Broccoli Orange White Milk	Baked Tuna & Noodle Casserole Venetian Blend Vegetables Beets Fresh Plum Wheat Bread White Milk	Sirloin Steak Mashed Potatoes Corn Apple Wheat Bread	Turkey Chop Suey Rice Oriental Vegetables Mandarin Oranges Wheat Bread White Milk	Chicken & Rice Casserole Peas Stewed Tomatoes Peaches Wheat Roll White Milk	
24	25	26	27	28	29	30
	Chinese Pepper Steak Rice Stir Fry Vegetables Mixed Fruit Wheat Roll White Milk	Navy Bean & Ham Soup Green Beans Coleslaw 100% Vegetable Juice Hot Cinnamon Pears Cornbread White Milk	Turkey & Stuffing Green Beans Sweet Potatoes Apple Pie Wheat Roll White Milk	Happy Thanksgiving - No HDM or Congregate Meals	No HDM or Congregate Meals	