## 600 Grand River Avenue Port Huron, MI 48060

## SENIOR NUTRITION MENU

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SUN	MON	TUES	WED	THURS	FRI	Page 23
02	03	04	05	06	07	08
	Sweet & Sour Pork Rice Sugar Snapped Peas Cabbage Pineapple Slaw Peaches Wheat Bread 2% Milk	Chicken Pot Pie Casserole Nantucket Blend Corn Pears Wheat Bread 2% Milk	Lemon Pepper Tilipia Succotash Vegetable Blend Red Skin Potatoes Mixed Fruit Wheat Bread 2% Milk	Meatloaf Mashed Potatoes Mixed Vegetables Tapioca Pudding Wheat Bread 2% Milk	Macaroni & Cheese Stewed Tomatoes California Blend Fresh Plum Wheat Roll 2% Milk	
09	10	11	12	13	14	15
Menus are subject to change.	Ground Beef Stroganoff with Egg Noodles Carrots Mandarin Oranges Wheat Bread 2% Milk	Fish Almandine Corn & Black Bean Fiesta Sweet Potatoes Peaches Wheat Bread 2% Milk	BBQ Chicken Sandwich Potato Wedges Prince Charles Blend Banana 2% Milk	Smothered Pork Loin Feather Potatoes Brussels Sprouts Mixed Fruit Wheat Bread 2% Milk	Cheese Manicotti Green Beans 100% Juice Hot Cinnamon Pears Wheat Roll 2% Milk	
16	17	18	19	20	21	22
	Corned Beef Boiled Cabbage, Carrots & Potatoes Irish Fluff w/ Pineapple Wheat Bread 2% Milk	Chicken Breast Rice Pilaf Prince Charles Blend Tossed Salad Applesauce Wheat Bread 2% Milk	Potato Crunch Pollock Green Beans Feather River Potatoes Fresh Plum Wheat Bread 2% Milk	Cranberry Glazed Turkey Sweet Potatoes Broccoli Mandarin Oranges Wheat Bread 2% Milk	Roasted Vegetable Lasagna Asparagus Riviera Vegetables Mixed Fruit Wheat Bread 2% Milk	
23	24	25	26	27	28	29
	Parmesan Fish Lima Bean w/ Lemon Dill Herbed Potatoes Apple Slices Wheat Bread 2% Milk	Stuffed Pepper Casserole Cauliflower Mixed Vegetables Fresh Plum Wheat Bread 2% Milk	Roasted Pork Tenderloin Broccoli Sweet Potatoes Applesauce Wheat Bread 2% Milk	Tahitian Chicken Rice Key West Vegetables Green Beans Pineapple Wheat Bread 2% Milk	Broccoli & Cheese Quiche Mixed Vegetables Cinnamon Peaches Tropical Fruit Salad Wheat Roll 2% Milk	
30	31					
	Swedish Meatballs Egg Noodles Maui Blend Coleslaw Pineapple Wheat Roll 2% Milk					