



SENIOR HAPPENINGS

COUNCIL ON AGING, INC.
SERVING ST. CLAIR COUNTY

2026

APRIL
ISSUE NO. 240



WELCOME!



600 Grand River Avenue
Port Huron, MI 48060



(810) 987-8811



www.thecouncilonaging.org



info@thecouncilonaging.org



[@St.ClairCountyCoA](https://www.facebook.com/St.ClairCountyCoA)

OUR MISSION

To coordinate programs that promote and safeguard the independence and well-being of the senior citizens of St. Clair County.

ANNUAL AWARDS

Join us for a free breakfast at Alexander's in Marysville on Thursday, May 21, 2026 at 8:30 a.m. for

CoA's Annual Awards Celebration

RSVP at 810-987-8811 before May 14, 2026.

SENIOR PROM

Bluewater Senior Prom 2026
Thursday, May 7, 2026

See page 11 for all the information

Pre-registration and payment due by April 23

WOMEN'S DAY RETREAT

Port Huron Senior Center
Saturday, April 25, 2026

\$20.00 per person

Call 810-987-5061 ext. 129 for more information.

See page 12 for more information.



TRANSPORTATION

If you are 60 years or older and in need of Transportation for Green Card Food Commodities pick-up or medical appointments, shopping or somewhere else, call Council on Aging Transportation at 810-984-4200.

SUPPORTING MEMBERSHIP

Supporting Membership for the Council on Aging is \$15 for an individual and \$20 for a married couple per year and entitles you to the monthly SENIOR HAPPENINGS. Anyone can support the Council's programs through their purchase of a membership. Those renewing memberships by the expiration date (appearing on the first line of the attached mailing label) ensure uninterrupted delivery of the SENIOR HAPPENINGS newsletter. Membership allows access to all 4 centers and many recreational programs and activities.

If you would like a receipt sent to you, please enclose a stamped self-addressed envelope with your check. Please remember to sign the (renewal) application form.



Affiliated Organization

Council on Aging, Inc., serving St. Clair County is a private, non-profit agency whose programs and services are funded all or in part by the following: St. Clair County Senior Services Millage; Federal Older Americans Act and State of Michigan's Older Michiganians Act and the Bureau of Aging, Community Living, and Supports (ACLS Bureau) through the AgeWays Nonprofit Senior Services (AAA 1-B) and Easterseals Macomb Oakland Regional Center (Easterseals MORC); AmeriCorps Seniors; Michigan Department of Transportation; City of Port Huron; United Way of St. Clair County; Fundraisers; Memberships; Memorials and Donations.

The Council on Aging, Inc., complies with the terms and regulations and amendments of Title IV and Title V of the Civil Rights Act of 1964 and Section 504 of the federal Social Rehabilitation Act of 1973, the Age Discrimination in Employment Act, the Americans with Disabilities Act, the Age Discrimination Act, the Michigan People with Disabilities Civil Rights Act, and the Elliott-Larsen Civil Rights Act (P.A. 453 of 1976). CoA is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.

Complaints of discrimination can be filed with: CoA's Executive Director; AgeWays (AAA 1-B); the Michigan Department of Civil Rights; or the U.S. Department of Health and Human Services' Office of Civil Rights.

ALZHEIMER' SUPPORT GROUP

If interested in participating, contact Brian Larsen, Starpath Director at 810-984-8970.

ATTENTION MEMBERS

Have you moved or are you planning to move in the near future? If so, please contact us with your new mailing address or you will not be receiving your newsletter. The Post Office will not forward your newsletter.

If you are interested in receiving your newsletter by email, please contact your local senior center to arrange this. By choosing this option, the Council on Aging would continue to save money by reducing the cost of postage.

Traveling with the Council on Aging Travel Service is fun and easy. Call today!

Port Huron Senior Center

600 Grand River Avenue
Port Huron, MI 48060
(810) 984-5061



April 25

Shen Yun at the Detroit Opera House. This year's performance and costumes will be different than last years. This was a sell out last year order your tickets now.

April 30

HAMILTON IS BACK. Broadway in Detroit presents Lin-Manuel Miranda's **HAMILTON**. Seating is limited. \$205 per person. Wait list only.

May 9-19

Collette presents **Greece Island Hopper**. Round trip airfare & 14 meals. \$5999 per person, double occupancy. Call for additional details.

May 12-15

Grand Experience is back! Travelers age 50+ are invited to enjoy the best of Mackinac Island. Space is limited. \$1230 per person, double occupancy.

June 6

3rd Annual Eastern Market Flower shopping. Wagons are welcomed and encouraged. Wear comfortable shoes, bring a tote bag and small bills. \$65.

June 9-11

Diamond tours presents **Shipshewana**. 3 days, 2 nights, 4 meals included. \$539 per person, double occupancy.

June 17

Always a Bridesmaid at Meadow Brook Theatre. From the writers of The Golden Girls and Kingdom Come. Lunch at Kruse & Muir. \$150 per person.

June 24

Detroit Tigers vs. New York Yankees. The game starts at 6:40 p.m. Wear comfortable shoes. Call for additional details.

July 9

Dow Gardens & Canopy Walk in Midland, Michigan. Lunch on your own. Wear comfortable shoes. Call for additional details.

July 23

The Purple Rose Theatre presents **Emma's Wedding(s)**. Lunch is included. Call for pricing.

August 3-7

Diamond tours presents **Niagara Falls, USA**, 5 days-4 nights, 8 meals included. \$911 per person, double occupancy.

August 12

Rum Runners Tour. Take a wild bus ride through historical locations in Windsor then enjoy lunch at a re-enacted Speakeasy along with a two-hour show. **Passport or Enhanced ID required.** \$205 per person.

September 9

Detroit Tigers vs. Minnesota Twins. The game starts at 1:10 p.m. Wear comfortable shoes. Lunch voucher included. Call for additional details.

September 12

Second Annual Eastern Market Fall Trip. Wagons are welcomed and encouraged. Wear comfortable shoes. Bring a tote bag and small bills. \$65 per person.

**COUNCIL ON AGING
VETERANS
GROUPS**

WLC
MEETS FIRST MONDAY OF THE
MONTH @ 9:30AM
MUSEUM OPEN SAME DAY
10:30AM-1:30PM

PH CENTER
MEETS THE THIRD FRIDAY OF THE
MONTH @ 10AM

NEW MEMBERS ENCOURAGED




Vision Program



The Council on Aging can assist with the cost of Eye glasses and exams for St. Clair County residents 60 and over, who are at or below 200% of the federal poverty guidelines and have no vision insurance coverage.

For more information call **810-984-5061** or your local senior center.

Funded by the County Senior Services Millage



Come and Join us for

CoA's

**ANNUAL AWARDS
CELEBRATION & BREAKFAST**

THURSDAY **21** MAY
8:30 A.M. 2026

Alexander's Banquet Center
1200 Gratiot Avenue
Marysville, MI 48060

R.S.V.P. TO 810-987-8811
or email jsimpson@thecouncilonaging.org
by May 14, 2026



www.thecouncilonaging.org



Hearing Aid Program



The Council on Aging can assist with the cost of Hearing Aids and exams for St. Clair County residents 60 and over, who are at or below 200% of the federal poverty guidelines.

For more information call **810-984-5061** or your local senior center.

Funded by the County Senior Services Millage



CONRAD COMMUNITY CENTER

Line Dancing every Monday at 9:30 a.m.

Penny Bingo on Tuesdays at 1:30 p.m.

Chair Volleyball will take place on April 17 at 9:30 a.m.

Zumba Gold/Toning on Tuesdays & Thursdays at 9:30 a.m. Join us for this fun low impact aerobics class.

Chair Exercise on Tuesdays and Thursdays at 11:00 a.m.

Chair Boxing Exercise on Wednesdays at 11:00 a.m.

Pinochle every Friday at 1:00 p.m.

Diamond Dots Easter Magnets at 9:00 a.m. on April 1. \$3 per magnet.

Easter Egg Coloring at 11:00 a.m. on April 1. Color 6 eggs for Easter. \$2 to join the fun.

National Coffee Cake Day celebration on April 7. Come enjoy some coffee cake.

National Scrabble Day on April 13. Come play scrabble.

S.O.S. meeting on April 16 at 1:30 p.m.

Mini Trip on April 20 to the Mennonite Store in Snover and lunch on your own. Bus leaves at 9:30 a.m.

The **Advisory council** will meet on April 21 at 9:30 a.m.

Volunteer Luncheon on April 21 at 12:00 noon. Celebrating our wonderful volunteers.

Lakeshore Legal Aid will be here on April 21 at 12:00 noon. Walk in or schedule an appointment. Call 810-395-7889.

The **Book Club** will meet at 11:00 a.m. on April 27.

OUT & ABOUT

Harsens Island

Meets every Tuesday at 12:00 noon at the Lions Club for socialization, bingo and 50/50 raffle. Birthdays are celebrated on the first Tuesday of the month, April 7, 2026. New members are always welcome. Meeting will NOT happen if the center is closed.

PORT HURON SENIOR CENTER

For more information or to RSVP for any programs or events, call 810-984-5061, ext. 129. Be sure to view our calendar in this month's newsletter. Also, please like and follow our Facebook page **Port Huron Senior Center - Council on Aging**. For Daily Events see page 21.

Book Club will meet April 7 at 1:00 p.m. We will meet at Ocean Breeze in Marysville to discuss **The Boys from Biloxi** by John Grisham.

Indoor Golf League at Tee It Up (inside Wrigley Center, 318 Grand River Avenue) April 6, April 13, April 20 and April 27 starting at 12:00 noon. 4 weeks is \$145 per player. Payment and registration is due on April 3 at the Port Huron Senior Center.

Tai Chi for Arthritis and Falls Prevention led by Jacqui Rabine from MSU Extension on April 13, April 20 and April 27 from 11:30 a.m. - 12:30 p.m. There is no charge for this class.

Seashell Mirror with Sherry on April 7 from 1:00-3:00 p.m. Create a beautiful mirror to hang, decorated with a large selection of seashells. \$10.

Five Wishes with Blue Water Doula Collective on April 9 from 11:00 a.m. - 12:00 noon. Join us for a gentle, empowering presentation on Five Wishes, the national recognized advance care planning document that helps you express your wishes.

Simplify Your Spending and Saving Strategies with Financial Advisor Iggy Vallalobos on April 14 from 11:00 a.m. - 12:30 p.m.

Chunky Throw with Karen on April 14 and April 15 from 10:00 a.m. - 12:00 noon. 2-day class is \$40 including yarn, choose your color. Class is limited to 6 students.

Neurographic Art Therapy with Art Therapist Sara Sharp, M.Ed., ATR of Marwood Nursing & Rehab on April 15 from 1:00-2:30 p.m. Cost is \$5.

Drop In Tech Support with SCCLS on April 15 from 2:00-3:00 p.m. Patrons will be able to bring in devices and receive one on one tech help with their device and/or software/apps within reason. This is not intended to serve as computer repair.

Joanne's Day - Attorney Daniel Lovell with Ironstone Law on April 21 from 11:00 a.m. - 12:30 p.m. This is a free estate planning class.

Women's Day Retreat on April 25 from 9:30 a.m. - 2:30 p.m. Registration and payment of \$25 is due by April 17.

Lakeshore Legal Aid will be here on April 27 from 10:00-11:30 a.m. Ask one-on-one legal questions.

Kentucky Derby Day on April 28.

- 10:00 a.m. Ladies make your own fancy hat with flowers, feathers and ribbons. Payment of \$10 and registration is due on April 17.
- 11:30 a.m. - 12:30 p.m. Lunch. Pulled Pork Sliders, potato salad, mint julep mock-tail and dessert for \$5.
- 12:30 p.m. Horse Races. \$1 to participate.
- 1:30 p.m. Derby Team Trivia. \$1 to participate.

SENIOR EVENTS HAPPENING

Page 08

WASHINGTON LIFE CENTER

Each of these events will occur at the Washington Life Center unless otherwise noted. For more information, please call the center at 810-765-3523.

Annual Easter Egg Hunt on April 2 at 10:30 a.m. This is a **FREE MEMBER ONLY** event. Please call ahead to reserve your spot as space is limited. 810-765-3523, ext. 305.

Spring Basket Raffle on April 2 at 3:00 p.m. Tickets will be available in the Main Office. \$1 each or 6 for \$5. You do not have to be present to win.

Medicare 101 on April 7 at 10:30 a.m. Stop by and learn the basics of Medicare with Margaret from EFS Insurance. This is a free educational program for all area seniors.

Spring Bunco on April 7 at 1:00 p.m. Cost is \$5 per person and you must call ahead to reserve your spot as spaces are limited. 810-765-3523, ext. 305.

Michigan Secretary of State Mobile Unit on April 10 at 10:15 a.m. The Mobile Unit will be back from 10:15 a.m. - 3:00 p.m. to help with your transactions including but not limited to Michigan I.D.'s 1st time, renewing your Driver's License, transferring a title, or applying for/renewing disability placards. To reserve an appointment or for more information, please call 810-765-3523, ext. 305.

St. Clair County Health Department Allergy and Asthma on April 14 at 10:00 a.m. Learn how to respond to anaphylaxis and/or asthma attacks. Includes EpiPen demonstration.

5/3 Budgeting for Seniors on April 15 at 10:30 a.m.

WLC Golf League Meeting will be on April 16 at 10:00 a.m. Did you know you do NOT have to call the WLC your home center to join our Golf League? All CoA members are welcome and encouraged to join. The League plays every Thursday morning, May - September. Join us Thursday, April 16 at 10:00 a.m. to sign up and grab your information packet. For questions or inquiries, please call 810-765-3523, ext. 305.

Trivia Night on April 18 at 5:00 p.m. Don't miss out on this exciting opportunity to showcase your trivia prowess while supporting a great cause. Gather your team (limit of 5 members), think of a clever name, and secure your spot before it's too late. This event promises to deliver laughter, friendly competition, and fantastic prizes. Plus who can resist the allure of delicious pizza and refreshing drinks? The cost is \$50 per team. We can't wait to see you there. Call 810-765-3523, ext. 305 to register with your team today.

Mental Health Matters at every age on April 21 at 10:00 a.m.

Senior Safety Session #2 with Tri Hospital EMS on April 28 at 10:30 a.m. Call 810-765-3523, ext. 305 as seating is limited.

St. Clair County Library Tech Help on April 28 at 3:00 p.m. Please call 810-765-3523 ext. 305 to reserve your spot as space is limited. Program is Free to all seniors.

YALE SENIOR CENTER

Mini Trips

- April 13 Port Huron Museum & Lunch. Bus leaves at 10:00 a.m.
- April 27 Richmond Lunch & Shopping. Bus leaves at 10:00 a.m.

Craft Classes

Seasonal Decorative Lantern on April 8 at 1:00 p.m. \$2 per set of Inserts for April/Spring. Includes: 3 plastic inserts and ribbon. Every month you will have the opportunity to change the inserts and ribbon for the current season/holiday. \$2 material cost each month. Same basic craft with a different look all year round. Reservations are due by April 3 and the material cost is due the day of class. NOTE: \$10 per lantern, batter tea light candle, 3 plastic inserts and ribbon.

Easter Celebration on Thursday, April 2.

- 12:00 noon Easter Luncheon. You MUST make reservations by March 30.
- 12:45 p.m. Euchre/Uno

Mobile Secretary of State on Thursday, April 16 at the Yale Senior Center from 10:00 a.m. to 12:00 noon. Schedule appointment or walk in. Contact us for more information at 810-387-3720.

Hawaiian Luau Party - Mahalo for All That You Do!

on Friday, April 24 at 11:00 a.m. Party Tickets are \$4 in advance and the deadline is April 17. VOLUNTEER APPRECIATION at 11:30 a.m. Lunch at 12:00 noon - Blue Hawaiian Luau (\$3 suggested donation for lunch). Events include: Hawaiian Experience, Tiki Bar, Hula Lessons and Tiki Awards. Call the Yale Senior Center for more detail and reservations at 810-387-3720.

MEMORIALS & MONETARY DONATIONS RECEIVED FROM:

William & Diane Ainsworth
 Ted Andrezejewski
 Teresa Cherf
 Jeffery & Pamela Dickinson (**Lois M. DiMaggio**)
 Judy Dismuke
 DTE Energy
 Morgan Dyson (**Erwin Kot**)
 Michael & Joyce Emrick
 Malcolm Fairfield
 Rebecca Frydel
 Robert & Lynn Hines (**Lois M. DiMaggio**)
 Ronald & Joan Horbes
 Jay Ann Jones (**Lois M. DiMaggio**)
 Richard & Margaret Kearns
 Clark Kremer
 Bonnie Landschoot (**Al Rinke & Audrey Miotke Wedding**)

Lost Whale Association (**Sally A. Langolf**)
 Chris Mackay
 Kathy McCarroll
 Dawn Moran (**Lois M. DiMaggio**)
 Dave & Jackie Murray
 Ronald Que
 Marilyn Quinn
 River String Dulcimers
 Fred & Mary Rollins
 Ron & Bonnie Sanchez
 The Jones Family (**Janet Jones**)
 Vinckier Foods
 Jane Weis
 Gerald & Susan Westrick
 Thomas, Kathryn & Ruby Wilton (**Lois M. DiMaggio**)



License #: C32879

February 2026
 Winner:
 Sherry Hollenbeck
 Capac, MI

2026 SILVER RAFFLE TICKETS

PURCHASE YOUR 2026 TICKET AT
 YOUR LOCAL SENIOR CENTER

\$25/ TICKET

\$50 winner each month
 (January - August) &
 \$100, \$200 \$400 winners
 drawn on August 27, 2026

810-987-8811
 600 Grand River Avenue,
 Port Huron, MI 48060

For More Information
www.thecouncilonaging.org



MAHALO

For All that
YOU DO!
 Yale Senior Center, Appreciates You so Much!
April 24, 2026

EVERYONE IS INVITED!
 Party Tickets: \$4 in advance : Deadline April 17th
 additional \$3 suggested donation for Lunch
 2025-26 Volunteers will Receive A Complimentary Ticket

11am Aloha

11am-2pm **Hawaiian Experience**
 🌺 Hawaii 🌺 Surf's Up 🌺 Sea Turtles 🌺 Tiki Man

11:30am
MAHALO! "Thank You" to Yale Volunteers
Honoring the Yale Volunteer of the Year

Noon **Blue Hawaiian Luau (Lunch)**
 🌺 Limbo 🌺 Hula lessons 🌺 Tiki Bar

1pm-2pm **Hawaii (Card Game)**

2pm **Tiki Awards**
 🌺 Lowest Limbo & Best Hula
 🌺 Best Tiki Man
 🌺 Best Surf Board Design
 🌺 Best Hawaiian Shirt
 🌺 Hawaii Card Game Winners

Yale Senior Center
 3 First Street, Yale, MI 48097 810-387-3720



Bluewater Senior Prom 2026

Dinner, Live Music, Dancing,
Hors d'oeuvres and Mocktails

Thursday, May 7th

Dinner @ PHC 4pm-5pm

Dance @ YMCA 6pm-8pm

Tickets: \$35.00 per person

\$60.00 per couple

\$25.00 Admission to dance only

Attire - Semi-formal

For more information, please call

PH Senior Center: 810-984-5061

WLC: 810-765-3523

YMCA: 810-987-6400 #140

Pre-registration and payment due by April 23rd

Presented in Partnership by:



WOMEN'S Day Retreat



**Saturday,
April 25, 2026**

**Join us for an enriching day filled with
speakers, presentations, activities, and workshops
specifically designed for women.**

Cost \$20.00

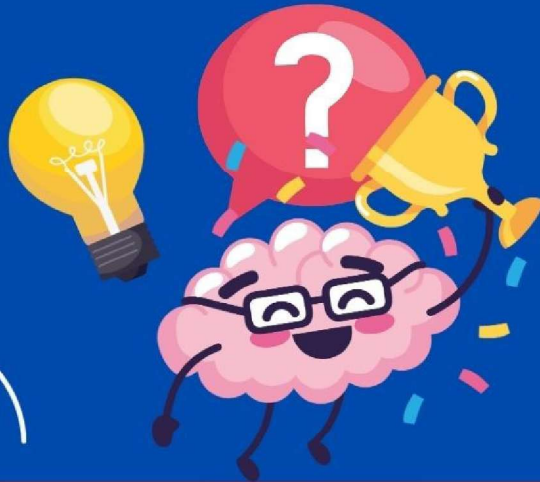
THANK YOU TO OUR SPONSORS:

kitchen tune-up™

Update. Upgrade. Uplift.

**PORT HURON SENIOR CENTER
600 GRAND RIVER AVE.
PORT HURON, MI 48060
(810) 984-5061 EXT. 129**





WASHINGTON LIFE CENTER

TRIVIA NIGHT FUNDRAISER

Saturday, April 18th | 5:00 PM

Algonac UFW , 1005 Pointe Tremble Rd., Algonac

Form Your Team of up to 5 & Join the Fun!

Team Entry: \$50 | 21 and older

Exciting Question Rounds | Team Competitions | 50/50 and basket raffle
| Prizes for Top Scores | Pizza & Adult Drinks Available for purchase

Contact: 810-765-3523 ext. 305

mpeterson@thecouncilonaging.org

ALL PROCEEDS BENEFIT THE WASHINGTON LIFE CENTER

License Pending-



Join Us for Gift Card **BINGO** Bingo - Raffles - Bake Sale

MOM'S PURSE EVENT SATURDAY, MAY 9TH

Get ready for an afternoon of fun at
Yale Senior Center - 3 First Street, Yale, MI 48097 (810) 387-3720

- 12:00 pm - Doors Open - Bake/Raffle Sale
- 1:00 pm - Bingo (prizes - gift cards)
- 3:00 pm - Reverse Raffle Winners
Pound in a Purse Raffle Drawing & Mystery Pound Reveal

Tickets in Advance

Includes one 10 game Bingo Booklet and Reserved Seating,
\$5 each
(by Noon of May 8th)

Only 72 seats available

Tickets at the Door

Includes one 10 game
Bingo Booklet, **\$7**
Random Seating if Available



Bingo Booklets - \$5 each

Special Bingo Cards - \$1 each

Single Line Bingo
Prizes are Gift Cards
Consolation Prizes
Jackpot Game - \$100



Bingo License:
Raffle License:



Enter to Win

REVERSE RAFFLE

Only 52 Cards Sold / per Raffle
\$ 5 each
Last Card Drawn Wins: 50/50



POUND IN A PURSE RAFFLE

THERE IS A MYSTERIOUS POUND
OF SOMETHING IN EACH PURSE

TICKETS **\$1** each or
\$5 for 5 tickets

EASY WAYS TO...KEEP FOOD SAFE

From: NYC Health

Easy Ways to... Keep Food Safe

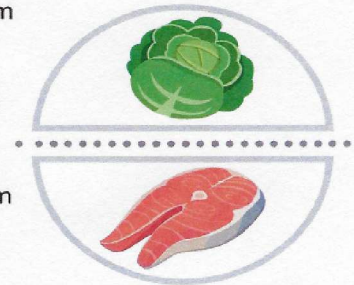
CLEAN your hands and surfaces often.

- Wash your hands with soap and warm water for 20 seconds.
- Wash utensils and cutting boards regularly.
- Rinse produce under running water.



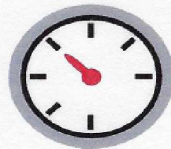
SEPARATE raw meats, poultry and seafood.

- Store them away from ready-to-eat foods in your refrigerator.
- Use separate cutting and preparation surfaces.
- Keep them away from other foods in your shopping cart.



COOK foods to a safe temperature.

- Heat foods to kill germs that can make you sick.
- Use a food thermometer to check internal food temperatures when cooking.



Safe Cooking Temperatures:

- Poultry: **165 degrees Fahrenheit**
- Ground meats: **160 degrees Fahrenheit**
- Whole cuts of beef, pork, veal or lamb: **145 degrees Fahrenheit**

CHILL foods.

- Keep your refrigerator at or below 40 degrees Fahrenheit.
- Refrigerate food within two hours of cooking or removing it from the refrigerator.
- Always thaw food in the refrigerator.



For healthy eating tips, like Eat Healthy, Be Active NYC on Facebook at [facebook.com/eatinghealthynyc](https://www.facebook.com/eatinghealthynyc).

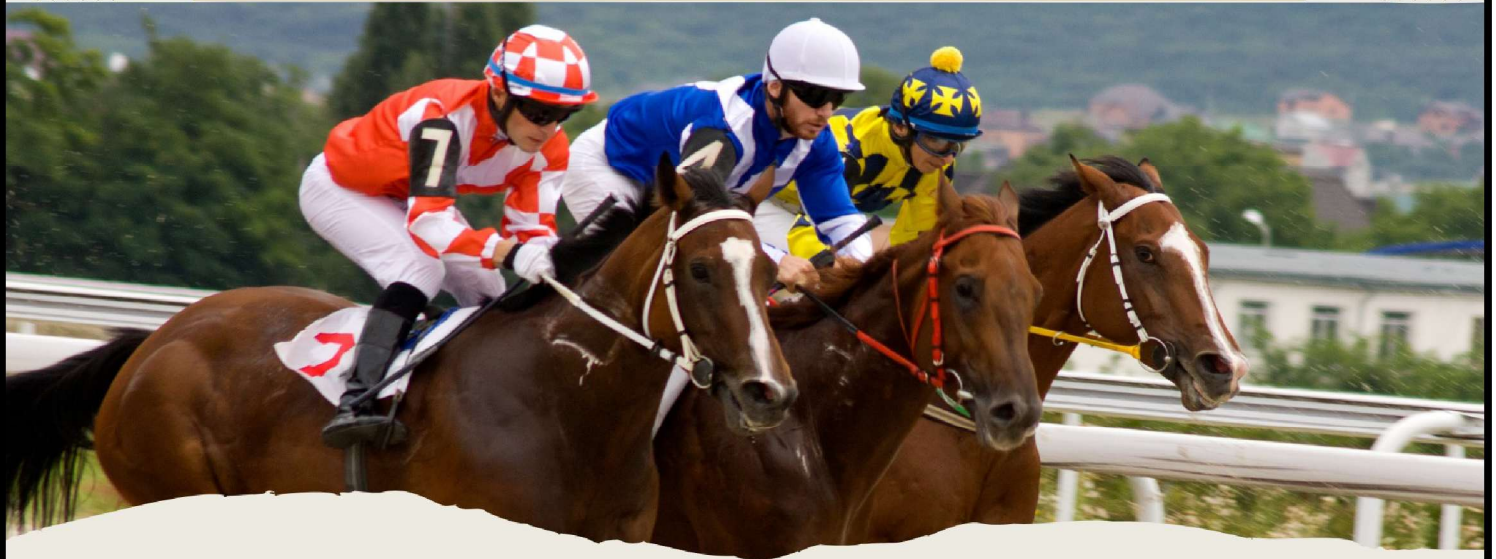
For more information about Stellar Farmers Markets, visit nyc.gov and search for **farmers markets**.

For healthy recipes, visit jsyfruitveggies.org.

This material was funded by United States Department of Agriculture's (USDA) Supplemental Assistance Program (SNAP). SNAP, formerly known as the Food Stamp Program (FSP) in New York, provides nutrition assistance to people with low incomes. It can help you buy nutritious foods for a better diet. To find out more, contact 800-342-3009 or go to myBenefits.nyc.gov. USDA is an equal opportunity provider and employer. In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs or disability. To file a complaint of discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250 or call 202-720-6964 (voice and TDD).



Just Say Yes to Fruits and Vegetables



KENTUCKY DERBY DAY!

APRIL 28 • 11:30 AM - 2:30 PM

10:00 - 11:30 Ladies, make your own fancy hat with flowers, feathers, ribbons! Payment of \$10 and registration due 4/17

11:30 - 12:30 Lunch! Pulled pork sliders, potato salad, mint julep mocktail and dessert \$5.00

12:30 - 1:30 Horse Races! \$1.00 to participate and vote on your favorite horse.

1:30 - 2:30 Derby Team Trivia! \$1.00 to participate and test your knowledge on the Kentucky Derby. Prizes for the winning team.

**PORT HURON SENIOR CENTER
600 GRAND RIVER AVE.
PORT HURON, MI 48060
(810) 984-5061 EXT. 129**

WASHINGTON LIFE CENTER

GOLF

LEAGUE MEETING



THURSDAY APRIL 16TH @10AM

**PICK UP YOUR SCHEDULE,
RENEW YOUR MEMBERSHIP,
MEET YOUR NEW GUIDE**

**QUESTIONS:
810-765-3523
EXT.305**

SUN	MON	TUES	WED	THURS	FRI	SAT
			01	02	03	04
For Daily Events, see page 21.			1:00 p.m. Parkinson's Support Group		Good Friday - Center Closed	
05	06	07	08	09	10	11
Happy Easter	12:00 noon Indoor Golf League Week 1 (4 weeks - \$145 per person) at Tee It Up	1:00 p.m. Seashell Hanging Mirror Craft \$10 1:00 p.m. Book Club at Ocean Breeze 7:00 p.m. Foxtrot #2	10:30 a.m. Doll Club	11:00 a.m. Five Wishes with Blue Water Doula Collective		
12	13	14	15	16	17	18
	11:30 a.m. Tai Chi 12:00 noon Indoor Golf League Week 2	10:00 am. Chunky Throw Class Day 1 \$40 11:00 a.m. Simplify Your Spending & Savings Strategies 7:00 p.m. Foxtrot #3	9:00 a.m. Advisory meeting 10:00 a.m. Chunky Throw Class Day 2 1:00 p.m. Art Therapy \$5 2:00 p.m. Drop In Tech/Phone Support		10:00 a.m. Veteran's Club	
19	20	21	22	23	24	25
	11:30 a.m. Tai Chi 12:00 noon Indoor Golf League Week 3	11:00 a.m. Joanne's Day with Attorney Daniel Lovell 7:00 p.m. Foxtrot #4			2:30 p.m. Singles Mingle	9:30 a.m. Women's Day Retreat - lunch will be served
26	27	28	29	30		
	10:00 a.m. Lakeshore Legal Aid 11:30 a.m. Tai Chi 12:00 noon Indoor Golf League Week 4	10:00 a.m. Kentucky Derby Day 1:00 p.m. Alzheimer's Support Group 7:00 p.m. Foxtrot #5				

PORT HURON SENIOR CENTER DAILY SCHEDULE

MONDAY

- 9:30 Cornhole
- 10:00 Strength/Tone
- 10:00 Lakeshore Legal Aid (last Mon. of month)
- 11:00 Grief Support (3rd Mon. of month)
- 11:30 Tai Chi
- 12:00 Duplicate Bridge
- 12:00 Hand & Foot Cards
- 12:30 Mahjong

TUESDAY

- 9:30 Blue Water Art Association
- 11:00 Joanne's Day (3rd Tues. of month)
- 12:00 Knitting/Crocheting
- 12:30 Line Dancing
- 1:00 Book Club (1st Tues. of month)
- 1:00 Alzheimer's Support Group (4th Tues. of month)
- 2:00 DrumFIT with Keri

WEDNESDAY

- 10:00 Mixed Pinochle
- 10:00 Strength/Tone
- 10:00 Hand Quilters
- 10:30 Doll Club (2nd Wed. of month)
- 11:30 YoLattes/Pilates
- 1:00 Parkinson's Support Group (1st Wed. of the month)
- 1:00 Watercolor Painting Group (2nd & 4th Wed. of the month)
- 2:00 Parkinson's Exercise Class

THURSDAY

- 9:00 Men's Cards
- 9:00 Wood Carvers
- 10:00 Dominoes
- 10:00 Quilting Friendzies
- 1:00 Euchre
- 1:00 Spanish Club
- 2:15 DrumFIT with Keri

FRIDAY

- 9:00 Men's Group
- 10:00 Veteran's Group Meeting (3rd Fri. of month)
- 10:00 Strength/Tone
- 12:00 Penny Bingo
- 1:00 Canasta
- 1:00 Ping Pong
- 2:00 Chair Volleyball
- 2:30 Seniors Singles Mingle (4th Fri. of month)

CONRAD COMMUNITY CENTER - CAPAC DAILY SCHEDULE

WiFi Available Open Daily 8:30 a.m. - 4:30 p.m.

MONDAY

- 9:30 Line Dancing
- 1:00 Euchre

TUESDAY

- 9:30 Zumba Gold
- 1:30 Penny Bingo

WEDNESDAY

- 9:30 Chair Yoga
- 1:30 Sew Fun

THURSDAY

- 9:30 Zumba Gold/Zumba Toning
- 1:00 Hand & Foot

FRIDAY

- 1:00 Pinochle

YALE SENIOR CENTER DAILY SCHEDULE

WiFi access open Daily 8:30 a.m. - 4:30 p.m.

MONDAY

- 12:30 Hand & Foot
- 12:45 Shut the Box - Progressive Dice

TUESDAY

- 10:00 Chair Exercise
- 12:45 Euchre

WEDNESDAY

- 11:00 Line Dancing
- 12:45 Bid Euchre - 6 Player
- 12:45 Hand & Foot

THURSDAY

- 10:00 Chair Exercise
- 11:00 Beginner Dance Steps
- 12:45 Euchre

FRIDAY

- 12:30 Penny Bingo
- 2:00 Hand & Foot

SUN	MON	TUES	WED	THURS	FRI	SAT
			01	02	03	04
For Daily Events, see page 21.			9:00 a.m. Diamond Dot Easter Magnets 11:00 a.m. Chair Boxing 1:30 p.m. Sew Fun	9:30 a.m. Zumba Gold 10:00 a.m. Mahjong 11:00 a.m. Chair Exercise 1:00 p.m. Hand & Foot	Good Friday - Center Closed	
05	06	07	08	09	10	11
Happy Easter	9:30 a.m. Line Dance 1:00 p.m. Euchre	9:30 a.m. Zumba Gold 11:00 a.m. Chair Exercise 1:30 p.m. Bingo	11:00 a.m. Chair Boxing 1:30 p.m. Sew Fun	9:30 a.m. Zumba Gold 11:00 a.m. Chair Exercise 1:00 p.m. Hand & Foot	1:00 p.m. Mental Health Session on Grieving 1:00 p.m. Pinochle	
12	13	14	15	16	17	18
	9:30 a.m. Line Dance 1:00 p.m. Euchre	9:30 a.m. Zumba Gold 11:00 a.m. Chair Exercise 1:30 p.m. Bingo	11:00 a.m. Chair Boxing 1:30 p.m. Sew Fun	9:30 a.m. Zumba Gold 11:00 a.m. Chair Exercise 1:00 p.m. Hand & Foot 1:30 p.m. S.O.S. Mobile Unit	10:00 a.m. Volleyball 12:00 noon Lunch Trivia 1:00 p.m. Pinochle	
19	20	21	22	23	24	25
	9:30 a.m. Line Dance 1:00 p.m. Euchre	9:30 a.m. Zumba Gold 11:00 a.m. Chair Exercise 1:30 p.m. Bingo	11:00 a.m. Chair Boxing 1:30 p.m. Sew Fun	9:30 a.m. Zumba Gold 11:00 a.m. Chair Exercise 1:00 p.m. Hand & Foot	12:00 noon Lunch Trivia 1:00 p.m. Pinochle	
26	27	28	29	30		
	9:30 a.m. Line Dance 1:00 p.m. Euchre	9:30 a.m. Zumba Gold 11:00 a.m. Chair Exercise 1:30 p.m. Bingo	11:00 a.m. Chair Boxing 1:30 p.m. Sew Fun	9:30 a.m. Zumba Gold 11:00 a.m. Chair Exercise 1:00 p.m. Hand & Foot		

SUN	MON	TUES	WED	THURS	FRI	SAT
			01	02	03	04
For Daily Events, see page 21.			12:30 p.m. Hand & Foot	Easter Celebration 12:00 noon Luncheon 12:45 p.m. Euchre 12:45 p.m. Uno	Good Friday - Center Closed	
05	06	07	08	09	10	11
Happy Easter			1:00 p.m. Craft: Spring Lantern		12:30 p.m. Penny Bingo	
12	13	14	15	16	17	18
	10:00 a.m. Trip to Port Huron Museum & Lunch	11:00 a.m. Lakeshore Legal Aid	1:00 p.m. Craft: Volunteers to help make and paint decorations for Hawaiian Party	10:00 a.m. Secretary of State Mobile Office	12:30 p.m. Penny Bingo	
19	20	21	22	23	24	25
	12:00 noon Boomers & Beyond at OLMC in Emmett - Mental Health At Every Age 12:30 p.m. Hand & Foot	11:00 a.m. Advisory Meeting			11:00 a.m. Blue Hawaiian Luau Party 11:30 a.m. Mahalo Volunteer Appreciation NO BINGO	
26	27	28	29	30		
	10:00 a.m. Trip to Richmond Shopping & Lunch					

SUN	MON	TUES	WED	THURS	FRI	SAT
			01	02	03	04
For Daily Events, see page 25. *You must sign up in advance.				10:30 a.m. Easter Egg Hunt * 3:00 p.m. Spring Basket Raffle	Good Friday - Center Closed	
05	06	07	08	09	10	11
Happy Easter	9:30 a.m. Veteran's Club Meeting * 10:30 a.m. Live Big & Loud Parkinson's	10:30 a.m. Lakeshore Legal Aid * 10:30 a.m. Medicaid/Medicare 101 1:00 p.m. Spring Bunco *		1:00 p.m. S.O.B. Society	10:15 a.m. S.O.S. Mobile Unit *	
12	13	14	15	16	17	18
	10:30 a.m. Live Big & Loud Parkinson's	10:00 a.m. SCC Health Department Allergy & Asthma * 10:00 a.m. Parkinsons' Support Group	10:30 a.m. 5/3 Budgeting Tips & Tricks	10:00 a.m. WLC Golf League Meeting		5:00 p.m. Trivia Night *
19	20	21	22	23	24	25
	10:30 a.m. Live Big & Loud Parkinson's	10:00 a.m. Mental Health Matters at Every Age *		11:00 a.m. Volunteer Appreciation		
26	27	28	29	30		
	10:30 a.m. Live Big & Loud Parkinson's	10:30 a.m. Senior Safety Session #2 w/ Tri Hospital EMS * 3:00 p.m. SCC Library Tech Help *				

Conrad Community Center - Capac

585 N. Main Street
Capac
Lunch served at 12:30 p.m.

FEAST

Four Star Grille
1835 Gratiot Blvd., Marysville
Tuesday, Wednesday & Thursdays
11:00 a.m. - 2:00 p.m.
\$5 Vouchers

Life Skills Memory Care Adult Day Service

716 7th Street, Port Huron
Lunch served at 11:45 a.m.

Palmer Park Recreation Center

2829 Armour Street
Port Huron
Lunch served at 11:30 a.m.

Starpath Adult Day Service

600 Grand River Avenue
Port Huron
Lunch served at 11:30 a.m.

Washington Life Center

403 N. Mary Street
Marine City
Lunch served at 11:30 a.m.

Yale Senior Center

3 First Street
Yale
Lunch served at 12:00 noon

Reservations are required 24 hours in advance at any of the meal sites to insure enough servings.

Washington Life Center

Daily Schedule (Lunch Monday through Friday at 11:30 a.m.)

All Activities & Classes are subject to change.

Classes in **BOLD are taught by outside instructors who set their class price and schedule.

Activity	Time	M	TU	W	TH	F
Air Hockey	9:00am-4:00pm	X	X	X	X	X
Art Group	8:30am-3:30pm			X		X
Billiards	9:00am - 4:00pm	X	X	X	X	X
Bingo	12:00 noon				X	
Bridge	9:30am - 3:30pm			X		
Chair Yoga **	10:00 am					X
Corn Hole	9:00am-4:00pm	X	X	X	X	X
DrumFit	10:00am			X		
Dulcimers	9:00am-Noon		X			
Electronic Darts	9:00 am-4:00pm	X	X	X	X	X
Enhanced Fitness	9:00am-10:00am	X		X		X
Fitness Room	9:00am-4:00pm	X	X	X	X	X
Lunch	11:30am	X	X	X	X	X
Parkinson's Maintenance Class	10:00 am-11:00 am	X				
Parkinson's Support Group (2nd Tuesday of Month)	2:00 pm		X			
Pepper Cards	Noon-4:00pm		X		X	
Pickleball Any Level	12:00noon-4:00pm	X			X	
Pickleball Any Level	11:00am - 4:00pm		X	X		
Intro to Pickleball	10:30am - 12:30pm					X
Pickleball Any Level	12:30pm - 4:00pm					X
Ping Pong	9:00am-4:00pm	X	X	X	X	X
Pottery	Noon-4:00pm	X				
Pottery	9:00am - 3:30pm		X		X	
Putting Green	9:00am-4:00pm	X	X	X	X	X
Puzzles	9:00am-3:30pm	X				X
Quilting Day	9:00am-3:00 pm			X		
Senior Boot Camp	10:15am-11:15am	X			X	
Sewing Group	9:00am-3:30pm	X				
Short Stories Writing Group	10:30am - 11:30am			X		
Tai Chi**	11:30am-12:30pm	X				
Veteran's Club Meeting (1st Monday of the month)	9:30 am-10:30 am	X				
Veteran's Museum (1st Monday of the month)	10:30 am-1:30 pm	X				
Walking	9:00am - 4:00pm	X	X	X	X	X
Yarn Circle	10:00am-2:00pm		X			X
Yoga - Morning**	11:15 am				X	
Yo Lattes	9:00am-10:00am		X		X	

SUN	MON	TUES	WED	THURS	FRI	SAT
			01	02	03	04
			Turkey Chop Suey Rice Oriental Vegetables Orange Bread Milk	Ham Mashed Potatoes Carrots Cherry Pie Roll Milk	Good Friday - No Congregate Meals	
05	06	07	08	09	10	11
Menus are subject to change.	Tuna Noodle Casserole Caribbean Blend Vegetables Corn Apricots Bread Milk	Turkey w/ Gravy Mashed Potatoes Peas Mixed Fruit Bread Milk	Bourbon Pork Chop Green Beans Sweet Potatoes Applesauce Bread Milk	Oven Fried Chicken Breast Red Skin Potatoes Riviera Blend Vegetables Peaches Roll Milk	Macaroni & Cheese California Blend Coleslaw Pineapple Roll Milk	
12	13	14	15	16	17	18
	Tahitian Chicken Rice Key West Vegetables Sugar Snapped Peas Applesauce Bread Milk	Swiss Steak Corn Feather River Potatoes Peaches Bread Milk	Potato Encrusted Pollock Oven Roasted Red Skins Carrots Fresh Plum Bread Milk	Sweet & Sour Pork Rice Far East Vegetables Banana Roll Milk	Vegetable Lasagna Stewed Tomatoes Green Beans Pears Roll Milk	
19	20	21	22	23	24	25
	Fish Sandwich w/ Cheese Bun Peas Sweet Potato Puffs Pineapple Milk	Creamed Chicken & Noodles Green Beans Mashed Potatoes Tropical Fruit Bread Milk	BBQ Pork Sandwich Potato Wedges Broccoli Fresh Apple Slices Milk	Ground Beef Stroganoff Egg Noodles Caribbean Blend Cauliflower Pears Bread Milk	Pizza Casserole Squash Zucchini Peaches Bread Milk	
26	27	28	29	30		
	Turkey Potpie Casserole Italian Flat Beans Corn Mixed Fruit Bread Milk	Crab Cakes Broccoli Red Skin Potatoes Fresh Pear Bread Milk	Meatloaf Feather River Potatoes Nantucket Vegetables Banana Bread Milk	Chicken Alfredo with Egg Noodles Mixed Vegetables Fresh Apple Slices Roll Milk		

STARPATH ADULT DAY SERVICE

600 Grand River Avenue
Port Huron, MI 48060

Page 28

SUN	MON	TUES	WED	THURS	FRI	SAT
			01	02	03	04
			April Fool's Day	Ferret Day	Good Friday - Center Closed	
05	06	07	08	09	10	11
Happy Easter	Easter Traditions	No Housework Day	Draw A Bird Day	Winston Churchill Day	Farm Animals Day	
12	13	14	15	16	17	18
	Read A Book Day	Library Day	Dolphin Day	Orchid Day	Herbalist Day	
19	20	21	22	23	24	25
	Boston Marathon	Hanging Out Day	Admin Assistant Day	Earth Day	Arbor Day	
26	27	28	29	30		
	Babe Ruth Day	Day of Safety	International Dance Day	Honesty Day		

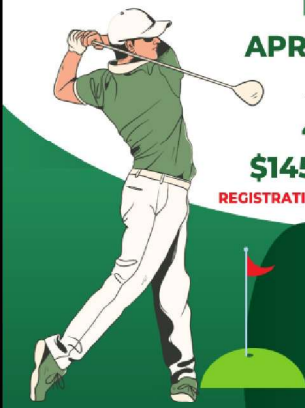
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600 Grand River Ave.
Port Huron, MI 48060
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(810) 984-5061 ext. 129

Washington Life Center Annual EASTER EGG HUNT

April 2nd @ 10:30am

Please call ahead to reserve your spot as space is limited. Members only please, 810-765-3523 ext. 305

MENTAL HEALTH MATTERS AT EVERY AGE

A free presentation designed especially for older adults.

Learn about:

- How aging can affect our emotions, mood, and mental health.
- Simple ways to take care of your mental well-being and how to notice when a friend or loved one may need extra support.
- Helpful local and community resources

When: Tuesday, April 21, 2026 at 10:00 am

Where: Washington Life Center
403 N. Mary, Marine City, MI 48039

Presented by Andrew Brown, Clinical Therapist at Catholic Charities of St. Clair County



Seashell Hanging Mirror

Craft with Sherry

Approximately 7 in. X 10 in.

Tuesday, April 7, 2026
1:00 - 3:00 p.m.
Cost \$10.00

Please call to register, only 7 spots available
(810) 984-5061 ext. 129

Port Huron Senior Center
600 Grand River Ave.
Port Huron, MI 48060




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 -Car Safety
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 -Senior Emergency Kit
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Wednesday , April 28th @ 10:30am
810-765-3523 ext. 305 to reserve your spot



NEUROGRAPHIC ART THERAPY
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Wednesday, April 15th
1:00 – 2:30 p.m.


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We begin by drawing gentle, flowing lines on the paper. These lines can represent thoughts, memories, emotions, or even life experiences. Then, we slowly soften and round the corners where the lines meet, creating smooth connections. This process encourages the brain to slow down, release tension, and form new, positive pathways.

Cost \$5.00

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Council on Aging - Port Huron Senior Center
 600 Grand River, Ave
 Port Huron, MI 48060

March 19	11-12
April 9	11-12
May 7	11-12
June 11	11-12



RSVP 810-984-5061 ext 129







MICHIGAN SECRETARY OF STATE
MOBILE OFFICE IS COMING TO YOU


The Secretary of State Mobile Office will be visiting
Council on Aging – Washington Life Center
 to provide service to
Seniors of St. Clair County to complete Secretary of State transactions

Date: **April 10th, 2026**
Time: 10 A.M. TO 3P.M.
Location: 403 N Mary St, Marine City MI 48039

Book a visit to complete your Secretary of State transactions, including:

			
First-time Michigan ID	Renew driver's license or ID	Transfer title	Apply for/renew disability placard

For more information or to schedule your visit during this Mobile Office event, contact
Merri, Dawn or Laurie
 at mpeterson@thecouncilonaging.org
 810-765-3523



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..... (810) 987-8811
Senior Nutrition Program (810) 982-4400
Starpath Adult Day Service (810) 984-8970
Foster Grandparent Program..... (810) 987-8813

Port Huron

Port Huron Area Senior Center

Information & Referral..... (810) 984-5061
Transportation (810) 984-4200
Home Repair, Homemaker/PC, Chore (810) 984-5061
Travel Service (810) 984-5061

Downriver

Washington Life Center

1-800-779-4488

Information & Referral (810) 765-3523
Transportation (810) 765-8570
Home Repair, Homemaker/PC, Chore (810) 765-9263
Senior Nutrition Kitchen (810) 765-4724

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Yale Area Senior Center

1-800-717-4422

Information & Referral (810) 387-3720
Transportation 1-844-289-7784 or (810) 984-4200

Capac

Conrad Community Center - Capac

1-800-361-8877

Information & Referral (810) 395-7889
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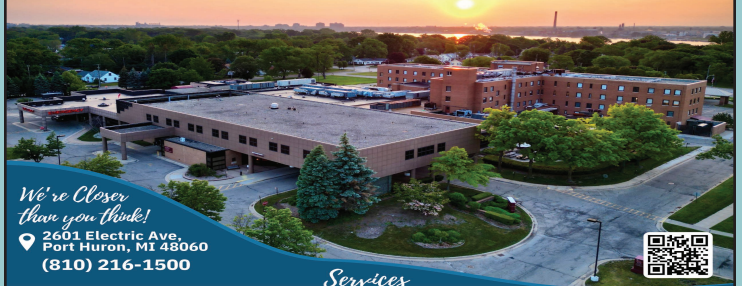
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St. Clair County Council on Aging, Port Huron, MI

15-0660



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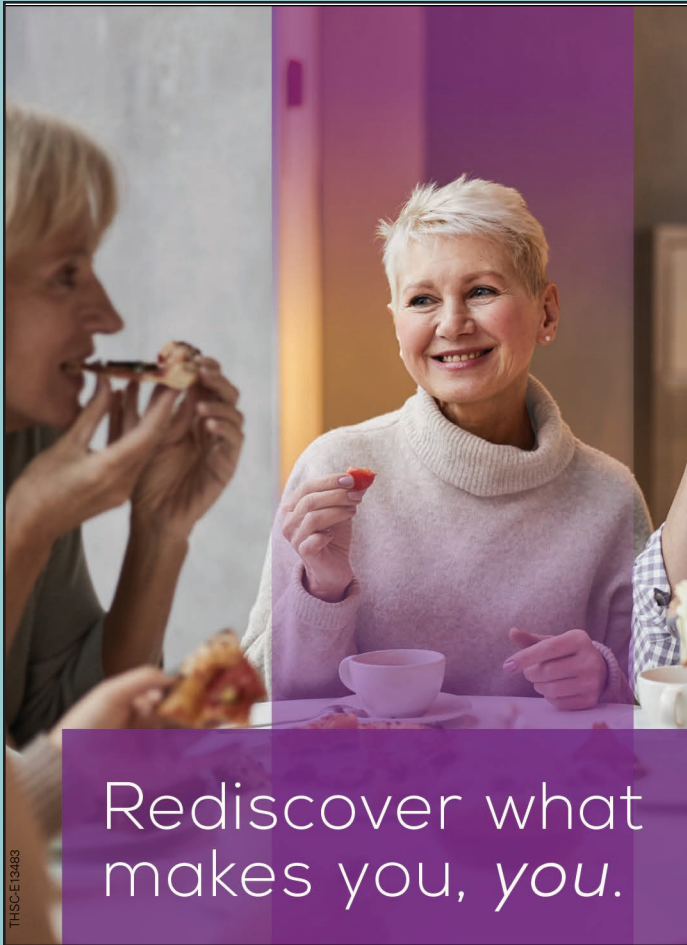
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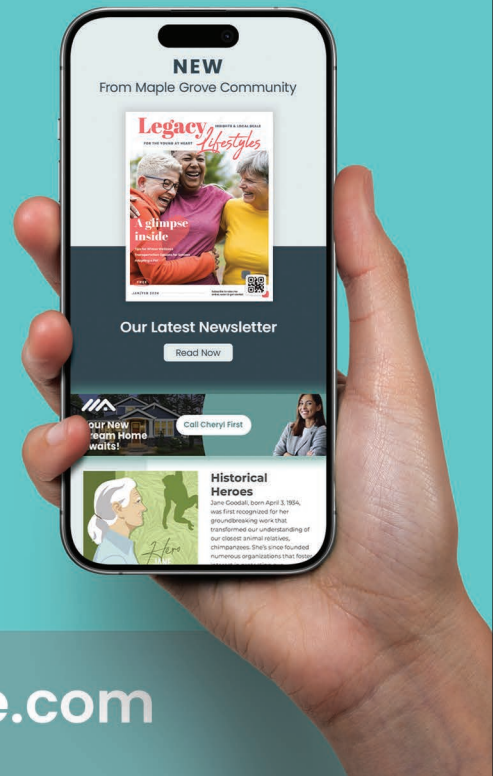
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