600 Grand River Avenue
Port Huron, MI 48060

SENIOR NUTRITION MENU

SUN	MON	TUES	WED	THURS	FRI	SAT
		01	02	03	04	05
ALL MEALS ARE SERVED WITH BREAD & MILK UNLESS OTHERWISE NOTED		Fish Almandine Scandinavian Blend Mashed Potatoes Fresh Plum	Sweet & Sour Chicken Breast Rice Far East Vegetables Peaches	Turkey Potpie Casserole Italian Flat Beans Corn Mixed Fruit	Cheese Ravioli Broccoli Cauliflower Applesauce	
06	07	08	09	10	11	12
Menus are subject to change.	Parmesan Fish Lima Beans Herbed Potatoes Fresh Plum	Taste of Israel Orange Honey Ginger Chicken Tzimmes Brussels Sprouts w/ Cranberries Israeli Salad Cran Apple Crisp	Roasted Pork Tenderloin Mashed Potatoes Green Beans Applesauce	Macaroni & Cheese Stewed Tomatoes California Blend Tapioca Pudding	Meatloaf Whipped Potatoes Nantucket Vegetables Mixed Fruit	
13	14	15	16	17	18	19
	Ground Beef Stroganoff Egg Noodles Green Beans Cauliflower Mandarin Oranges	Vegetable Lasagna Italian Flat Beans California Blend Peaches	Tuna Noodle Casserole Parisian Carrots Mixed Fruit	Pineapple Chicken Rice Stir Fry Vegetables Apple	Swiss Steak Corn Zucchini Pears	
20	21	22	23	24	25	26
	Oven Fried Chicken Broccoli Baby Bakers Pineapple	Smothered Chopped Steak Feather River Potatoes Carrots Rice Pudding	Ham French Style Green Beans Mashed Potatoes Cherry Pie	No HDM or Congregate Meals	Merry Christmas	
27	28	29	30	31		
	Fish Sticks Peas Herbed Potatoes Cinnamon Pears	Cheese Manicotti Italian Flat Beans Coleslaw Hot Apple Cobbler	Cheeseburger Mixed Vegetables Potato Wedges Mixed Fruit	No HDM or Congregate Meals		